

Alexandre HARDY

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d



Poste occupé

- Chirurgien orthopédiste Clinique du Sport Paris
- Responsable de la recherche Clinique du Sport Paris
- Responsable de la recherche Hôpital Ambroise Paré, Service de chirurgie orthopédique
- N RPPS 10100964773

Diplômes et Concours MD PHD

- These de science : Evaluation multimodale de l'instabilité de cheville 2023
- Diplôme d'Etudes Spécialisées de chirurgie orthopédique 2017
- DIU Arthroscopie 2016
- DU de voies d'abord orthopédiques 2016
- Master 2 sciences chirurgicales Université Paris Sud 2016
- Lauréat de la bourse de recherche de la SOCOT 2016
- Lauréat de la bourse de voyage de la SFA 2016
- Cours Nationaux d'Arthroscopie session épaule et genou 2016
- Diplôme Arthroscopic introduction endorsed by the New Zealand orthopaedic association
- Diplôme d'Etudes Spécialisées de chirurgie générale : 2012
- Examen Classant National (ECN) de médecine 2010 : Rang 938/7771
- Master 1 (biologie du développement) validé en 2005-2006 (24 ECTS)
 - Méthodes et stratégie d'études en biologie cellulaire
 - Croissance et vieillissement / Physiopathologie clinique
- Baccalauréat Scientifique avec mention en 2004

Formation/ stage :

- PHC mi temps, service de chirurgie orthopédique Hôpital Ambroise Paré 2019-2020
- Chef de clinique, service de chirurgie orthopédique Hôpital Cochin 2017-2019
- 10° semestre 2016 : Stage DESC chirurgie orthopédique **Ambroise Paré** : Pr Hardy
- 9° semestre 2016 : Stage DESC chirurgie orthopédique **Mignot** : Dr Pujol
- 8° semestre 2014 : Stage DESC chirurgie orthopédique pédiatrique **Trousseau** : Pr Vialle
- 7° semestre 2014 : Stage DESC chirurgie orthopédique **Pitié** : Pr Mousselard
- 6° semestre 2013 : Stage inter CHU chirurgie orthopédique **Auckland Hospital + Clinique Unisports (Fifa centre)** : Pr Tietjens + Walsh
- 5° semestre 2013 : Stage DESC chirurgie orthopédique **Cochin** : Pr Anract
- 4° semestre 2012 : Stage DESC chirurgie orthopédique **Meaux** : Dr Laporte
- 3° semestre 2012 : Stage DESC en chirurgie orthopédique **Lariboisière** : Pr Nizard
- 2nd semestre 2011 : Stage DESC en chirurgie thoracique **Hôtel Dieu** : Pr Reignard

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- 1^{er} semestre 2011: Stage DESC en chirurgie orthopédique **Meaux** : Dr Laporte
- 2004-2011 : Externat au CHU Pitié-Salpêtrière : PCEM 1 doublant 144/2440

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Formation complémentaire / travaux associés : 371 SIGAPS

- Publications / présentation :

1. Cleidocranial dysplasia with bilateral posterior glenohumeral dislocation: A case-report. Orthop Traumatol Surg Res. 2015.

Hardy A, Thiong'o MW, Leroy A, Hardy P, Laporte C.

Présenté au ROC en 2013

2. Graft position and fusion rate following arthroscopic Latarjet. Knee Surg Sports Traumatol Arthrosc. 2015.

Casabianca L, Gerometta A, Masseurin A, Khiami F, Rousseau R, **Hardy A**, et al.

Présenté à SFA 2015, ISAKOS 2015

3. Reliability of a CT reconstruction for preoperative surgical planning in the arthroscopic Latarjet procedure. Knee Surg Sports Traumatol Arthrosc. 2016.

Hardy A, Loriaut P, Granger B, Neffati A, Masseurin A, Casabianca L, Pascal-Moussellard H, Gerometta A.

Présenté à la SFA 2015, ESSKA 2016, SOFCOT 2016 (Prix communication Elsevier)
ePoster SFTS 2015, EFFORT 2016

4. Preoperative CT planning of screw length in arthroscopic Latarjet.

Knee Surg Sports Traumatol Arthrosc. 2016.

Hardy A, Gerometta A, Granger B, Masseurin A, Casabianca L, Pascal-Moussellard H, Loriaut P.

Présenté EFFORT 2016

ePoster SFTS 2015, SFA 2015, ESSKA 2016, SOFCOT 2016

5. Combined reconstruction of the anterior cruciate ligament associated with anterolateral tenodesis effectively controls the acceleration of the tibia during the pivot shift. Knee Surg Sports Traumatol Arthrosc. 2017.

A. Hardy, L. Casabianca, E. Hardy, O. Grimaud, A. Meyer

Présenté SFA 2016

Présenté SOFCOT 2017

6. Speed-Bridge arthroscopic reinsertion of tibial eminence fracture (complementary to the adjustable button fixation technique). Orthop Traumatol Surg Res 2017

A. Hardy, L. Casabianca, O. Grimaud, A. Meyer

Présenté SFA 2015

7. Early strength recovery after anterior cruciate ligament reconstruction using the Fascia Lata

Orthop Traumatol Surg Res.2017.

G. Hailotte, **A. Hardy**, B. Granger, T. Noailles, F. Khiami

ePoster SFA 2017

Présenté ESSKA 2018

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8. Complications following harvesting of patellar tendon or hamstring tendon grafts for anterior cruciate ligament reconstruction: Systematic review of literature
Orthop Traumatol Surg Res. 2017.

A. Hardy, L. Casabianca, K. Andrieu, L. Baverel, T. Noailles, Junior French Arthroscopy Society
Présenté à la SFA 2016

9. Résultats fonctionnels et retour au sport après traitement chirurgical des tendinopathies d'insertion d'Achille: Approche chirurgicale adaptée au degré d'atteinte tendineuse.
Orthop Traumatol Surg Res. 2018.

A. Hardy, R. Rousseau, S. Issa, A. Gerometta, H. Pascal-Moussellard, B. Granger, F. Khiami
Présenté à la SFTS 2015, SFA 2015, EFFORT 2016, SOFCOT 2016
ePoster ESSKA 2016

10. Normal range of patellar tendon elasticity using the sharewave elastography
Technique : An in vivo study in normal volunteers. Surgical Technology International 2017

A. Hardy, C Rodaix, C. Vergari, R. Vialle
Présenté SOFCOT 2015

11. Filthy teddy: When the child best friend becomes the surgeon's worst enemy.
Archive pediatrique 2018

A. Hardy, V. Sabatier, O. Rosello, B. Salauze, G. Widiez, F. Barbut, B. Salauze, R. Vialle
Présenté SOFOP 2016, SOFCOT 2016
Nominé pour le Prix SHAM de gestion des risques en orthopédie

12. An original all-arthroscopic technique for bony fixation of lateral meniscus allograft via four tibial tunnels : A cadaver study
Orthop Traumatol Surg Res. 2018

E. Sali, **A. Hardy**, O. Grimaud, A. Meyer
Présenté à la SFA 2017

13. A threshold value of 3.5 mm of passive anterior tibial subluxation on MRI is highly specific for complete ACL tears.
Knee Surg Sports Traumatol Arthrosc. 2018

Hardy A, Klouche S, Szarzynski P, Charpentier E, Beranger JS, Bauer T, Rousselin B, Judet O, Hardy P.
Presented at ESSKA 2017, SFA 2017, SOFCOT 2017

14. Long-term, Prospective, Multicenter Study of Isolated Bankart Repair for a Patient Selection Method Based on the Instability Severity Index Score.
Am J Sports Med. 2019

Thomazeau H, Langlais T, **Hardy A**, Curado J, Herisson O, Mouton J, Charousset C, Courage O; French Arthroscopy Society, Nourissat G.
Apr;47(5):1057-1061. doi: 10.1177/0363546519833920. Epub 2019 Mar 18.
Présenté SFA 2017 SOFCOT 2018 SFTS 2018 ESSKA 2018

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15. Outcomes after Latarjet procedure: Patients with first-time versus recurrent dislocations. Am J Sports Med. 2019

A Hardy, V Sabatier, P. Laboudie, B Schoch, M Vigan, J D Werthel Am J Sports Med 2019 Epub ahead of print

Présenté SFA 2018 (selection meilleure communication) SOFCOT 2018 SFTS 2018

16. Latarjet with Cortical Button Fixation is Associated with an Increase the Risk of Recurrent Dislocation Compared to Screw Fixation. KSSTA 2019 Epub Ahead of print

A Hardy, V Sabatier, B Schoch, M Vigan, J D Werthel

17. Outcomes of the Latarjet procedure for the treatment of chronic anterior shoulder instability: patients with prior arthroscopic Bankart repair versus primary cases.. Am J Sports Med. 2019

J D Werthel, V Sabatier, B Schoch, M Vigan, **A Hardy** Am J Sports Med 2019 Epub Ahead of print

18. Incidence and risk factors for cyclops syndrome after anterior cruciate ligament reconstruction: A systematic literature review. Orthop Traumatol Surg Res. 2019
Noailles T, Chalopin A, Boissard M, Lopes R, Bouguennec N, **Hardy A**.

19. Lessons taught by a knee arthroscopy simulator about participants in a European arthroscopy training programme Orthop Traumatol Surg Res. 2019 Sep

Baumann Q, **Hardy A**, Courage O, Lacombe P, Accadbled F; European Paediatric Orthopaedic Society Sports Study Group; Junior French Arthroscopic Society.

20. Is posterosuperior contact a normal occurrence in the shoulder? Orthop Traumatol Surg Res. 2019 Sep

Clavert P, **Hardy A**, Bertiaux S, Holzer N, Sanchez M, Levigne C, Garret J, Cheli M, Peduzzi L, Grimberg J, Lefebvre Y; French Arthroscopy Society.

21. Internal impingement of the shoulder: An international survey of 261 orthopaedic surgeons. Orthop Traumatol Surg Res. 2019 Sep

Chelli M, Grimberg J, Lefebvre Y, Peduzzi L, **Hardy A**, Sanchez M, Holzer N, Garret J, Bertiaux S, Kany J, Levigne C, Clavert P; French Arthroscopy Society.

Orthop Traumatol Surg Res. 2019

22. Internal impingement of the shoulder in overhead athletes: Retrospective multicentre study in 135 arthroscopically-treated patients Orthop Traumatol Surg Res. 2019

Peduzzi L, Grimberg J, Cheli M, Lefebvre Y, Levigne C, Kany J, Clavert P, Bertiaux S, Garret J, **Hardy A**, Holzer N, Sanchez. French Arthroscopy Society

23. Anterior approach without traction table : A way of saving time and money Orthop Traumatol Surg Res. 2019

24. The Ankle Ligament Reconstruction – return to Sport After Injury (ALR – RSI) : A valid scale to quantify psychological readiness to return to sport after ankle ligament reconstruction KSSTA 2020

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25. All-inside endoscopic anatomic reconstruction leads to satisfactory functional outcomes in patients with chronic ankle instability KSSTA 2020

Stéphane Guillo , Haruki Odagiri , Floris van Rooij , Thomas Bauer , **Alexandre Hardy**

26. Diagnostic value of the hourglass biceps test for the detection of intraarticular long head of the biceps hypertrophy Quentin Baumann, Antoine-Guy Hue, Patricia Maria Lutz, Alexandre Hardy, Patrice Mertl, Olivier Courage, JSES International 2020

27. Knee Prosthesis in the Computer Era. Sezer HB, Bohu Y, **Hardy A**, Lefevre N. Orthop Surg. 2021

28. Posterior cruciate ligament: Anatomy, femoral insertion and relationships with the anterior menisco-femoral ligament in 23 cadaver knees.

Cousin J, Noailles T, **Hardy A**, Decante C, Hamel A. Orthop Traumatol Surg Res. 2020

29. Does using the direct anterior approach with a standard table for total hip arthroplasty reduce leg length discrepancies? Comparative study of traction table versus standard table.

Moslemi A, Kierszbaum E, Descamps J, Sigonney F, Biau D, Anract P, **Hardy A**. Orthop Traumatol Surg Res. 2021

30. No tunnel widening following arthroscopic anatomical reconstruction of the lateral ankle ligaments OTSR 2021

31. Latarjet procedure enables 73% to return to play within 8 months depending on preoperative SIRSI and Rowe scores. KSSTA 2021

32. Is Lateral Ankle sprain of the child and adolescent a myth or a reality? A systematic review of the literature. Foot and Ankle Surgery 2021

33. Outpatient total ankle replacement.

Sadoun M, **Hardy A**, Cladière V, Guichard L, Bauer T, Stiglitz Y. Int Orthop. 2021 Jul 18. doi: 10.1007/s00264-021-05140-z. Online ahead of print. PMID: 34274986

34. Correlation between first tarsometatarsal joint mobility and hallux valgus severity.

Manceron A, Cazeau C, **Hardy A**, Piat C, Bauer T, Stiglitz Y. Int Orthop. 2021 Aug 11. doi: 10.1007/s00264-021-05173-4. Online ahead of print. PMID: 34379158

35. Early postoperative practices following anterior cruciate ligament reconstruction in France.

Sezer HB, Noailles T, Toanen C, Lefèvre N, Bohu Y, Fayard JM, **Hardy A**; Francophone Arthroscopy Society (SFA). Orthop Traumatol Surg Res. 2021 Sep 16:103065. doi: 10.1016/j.otsr.2021.103065.

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36. [Arthroscopic preservation of the scaphoid's blood supply during nonunion treatment.](#)

Le Mapihan M, Dahan E, Bourcheix LM, Hardy A.J Hand Surg Eur Vol. 2021 Oct 14:17531934211049920. doi: 10.1177/17531934211049920. Online ahead of print.

37. [Surgical technique of anterior cruciate ligament ligamentoplasty with pedicular hamstrings via an inside-out approach: BIOFAST hamstring tendons graft.](#)

Lang E, **Hardy A**, Tufis O, Grimaud O, Gerometta A, Bohu Y, Lefevre N, Meyer A.Orthop Traumatol Surg Res. 2021 Dec 21:103192. doi: 10.1016/j.otsr.2021.103192. Online ahead of print.PMID: 34952217

38. [Anatomical and biomechanical study of the inferior extensor retinaculum by shear-wave elastography in healthy adults.](#)

Rougereau G, Marty-Diloy T, Vigan M, Donadieu K, **Hardy A**, Vialle R, Langlais T.Surg Radiol Anat. 2022 Jan 20. doi: 10.1007/s00276-022-02884-0. Online ahead of print.PMID: 35059808

39. [Treatment of Acute Bony Avulsion of Ischial Tuberosity With Cortical Screw Fixation.](#)

Sezer HB, **Hardy A**, Bohu Y, Meyer A, Gerometta A, Grimaud O, Lefevre N.Arthrosc Tech. 2021 Nov 16;10(12):e2691-e2698. doi: 10.1016/j.eats.2021.08.011. eCollection 2021 Dec.PMID: 35004150 **Free PMC article.**

40. [The ALR-RSI score is a valid and reproducible scale to assess psychological readiness before returning to sport after modified Broström-Gould procedure.](#)

Pioger C, Guillo S, Bouché PA, Sigonney F, Elkaïm M, Bauer T, **Hardy A**.Knee Surg Sports Traumatol Arthrosc. 2022 Jan 25. doi: 10.1007/s00167-022-06895-7. Online ahead of print.PMID: 35079843

41. [The French Ankle Ligament Reconstruction - Return to Sport after Injury \(ALR-RSI-Fr\) is a valid scale for the French population.](#)

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Ajaka N, Bouché PA, Dagher M, Lopes R, Bauer T, **Hardy A.** J Exp Orthop. 2022 Mar 21;9(1):27. doi: 10.1186/s40634-022-00463-1.PMID: 35314901

42. [Arthroscopic revision of osteochondral autograft in distal tibia: A case report demonstrating precision of intraoperative 3D fluoroscopy.](#)

Lopes R, Negru T, **Hardy A**, Sezer HB. Jt Dis Relat Surg. 2022;33(1):238-244. doi: 10.52312/jdrs.2022.431. Epub 2022 Mar 28.PMID: 35361101

43. [A Preliminary Study to Assess the Relevance of Shear-Wave Elastography in Characterizing Biomechanical Changes in the Deltoid Ligament Complex in Relation to Ankle Position.](#)

Rougereau G, Marty-Diloy T, Vigan M, Donadieu K, **Hardy A**, Vialle R, Langlais T. Foot Ankle Int. 2022 Apr 2:10711007221079829. doi: 10.1177/10711007221079829. Online ahead of print.PMID: 35373593

44. [Translation and validation of the shoulder instability-return to sport after injury \(SIRSI\) score in French.](#)

Louati A, Bouche PA, Bauer T, **Hardy A.** J Exp Orthop. 2022 May 6;9(1):41. doi: 10.1186/s40634-022-00470-2.PMID: 35524076 **Free PMC article.** No abstract available.

45. [Pain catastrophizing and pre-operative psychological state are predictive of chronic pain after joint arthroplasty of the hip, knee or shoulder: results of a prospective, comparative study at one year follow-up.](#)

Hardy A, Sandiford MH, Menigaux C, Bauer T, Klouche S, Hardy P.

46. [Return to Sports: Rate and Time After Arthroscopic Surgery for Chronic Lateral Ankle Instability.](#)

Bouveau V, Housset V, Chasset F, Bauer T, Hardy A. Orthop Traumatol Surg Res. 2022 Sep 6:S1877-0568(22)00241-9. doi: 10.1016/j.otsr.2022.103398. Online ahead of print.PMID: 36084915

47. [Baropodometric comparison of orthopedic footwear to assess the effectiveness of pairs of orthopedic shoes for reducing the forefoot pressure.](#)

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Sezer HB, **Hardy A**, Lopes R. Jt Dis Relat Surg. 2022;33(2):323-329. doi:

10.52312/jdrs.2022.702. Epub 2022 Jul 6. PMID: 35852190

48. [Which Functional Tests and Self-Reported Questionnaires Can Help Clinicians Make Valid Return to Sport Decisions in Patients With Chronic Ankle Instability? A Narrative Review and Expert Opinion.](#)

Picot B, **Hardy A**, Terrier R, Tassignon B, Lopes R, Fourchet F. Front Sports Act Living. 2022 May 26;4:902886. doi: 10.3389/fspor.2022.902886. eCollection 2022. PMID: 35721875

49. [Ankle syndesmosis biomechanical evaluation by shear-waves elastography in healthy young adults: Assessment of the reliability and accuracy of the measurements and definition of a corridor of normality.](#)

Rougereau G, Langlais T, Vigan M, **Hardy A**, Vialle R, Marty-Diloy T, Cambon-Binder A. Foot Ankle Surg. 2022 May 25:S1268-7731(22)00100-X. doi: 10.1016/j.fas.2022.05.003. Online ahead of print. PMID: 35717494

50. [Posterior tibial slope \(PTS\) \$\geq\$ 10 degrees is a risk factor for further anterior cruciate ligament \(ACL\) injury; BMI is not.](#)

Fares A, Horteur C, Abou Al Ezz M, **Hardy A**, Rubens-Duval B, Karam K, Gaulin B, Pailhe R. Eur J Orthop Surg Traumatol. 2022 Oct 6. doi: 10.1007/s00590-022-03406-9. Online ahead of print. PMID: 36201030

51. [Anterior cruciate ligament arthroscopic reconstruction and lateral tenodesis with iliotibial band and gracilis tendon: Technical note.](#)

Dos Santos A, Gerometta A, Bohu Y, Lefevre N, Van Hille W, Khiami F, **Hardy A**. Orthop Traumatol Surg Res. 2022 Sep 21:103412. doi: 10.1016/j.otsr.2022.103412. Online ahead of print. PMID: 36150588

52. [Good clinical and radiological results following remnant-preserving posterior cruciate ligament reconstruction: a systematic review.](#)

D'Ambrosi R, Hallé A, **Hardy A**. Knee Surg Sports Traumatol Arthrosc. 2022 Oct 8. doi: 10.1007/s00167-022-07192-z. Online ahead of print. PMID: 36208342 Review.

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53. [Return to Sport After Revision ACL Reconstruction: A Comparative Cohort Study of Outcomes After Single- Versus Multiple-Revision Surgeries.](#)

El Khoury G, **Hardy A**, Saint-Etienne A, Saghbiny E, Meyer A, Grimaud O, Gerometta A, Lefevre N, Bohu Y. *Orthop J Sports Med.* 2022 Nov 29;10(11):23259671221133762. doi: 10.1177/23259671221133762. eCollection 2022 Nov. PMID: 36479462

54. [A new self-assessment tool following shoulder stabilization surgery, the auto-Walch and auto-Rowe questionnaires.](#)

Lazrek O, Karam KM, Bouché PA, Billaud A, Pourchot A, Godeneche A, Freaud O, Kany J, Métais P, Werthel JD, Bohu Y, Gerometta A, **Hardy A**. *Knee Surg Sports Traumatol Arthrosc.* 2022 Dec 31. doi: 10.1007/s00167-022-07290-y. Online ahead of print. PMID: 36586000

55. [Preserving the hamstring tendon insertion during ACL reconstruction with an autograft: systematic literature review.](#)

Noailles T, Toanen C, Geffroy L, Lopes R, **Hardy A**. *Orthop Traumatol Surg Res.* 2023 Jan 19:103556. doi: 10.1016/j.otsr.2023.103556. Online ahead of print. PMID: 36682410

56. [Reply to the letter from Mingjin Zhong and Yuyin Cai.](#)

Hardy A. *Orthop Traumatol Surg Res.* 2023 Jan 20:103558. doi: 10.1016/j.otsr.2023.103558. Online ahead of print. PMID: 36690326

57. [Adaptation of the Signal Noise Quotient MRI classification for graft ligamentization analysis following ATFL and CFL anatomical reconstruction: Validation of the SNQA.](#)

de Rousiers A, Rougereau G, Rousselin B, Langlais T, Rollet ME, Bauer T, Bachy M, **Hardy A**. *Foot Ankle Surg.* 2023 Feb 2:S1268-7731(23)00025-5. doi: 10.1016/j.fas.2023.01.013. Online ahead of print. PMID: 36774199

58. [Pregabalin does not reduce postoperative pain after outpatient ACL surgery: A case-control study.](#)

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Stein AM, Bouché PA, Grimaud O, Vedrenne P, **Hardy A**. Orthop Traumatol Surg Res. 2023 Mar 14:103596. doi: 10.1016/j.otsr.2023.103596. Online ahead of print. PMID: 36924882

59. [Management of Anxiety for Ambulatory Hallux Valgus Surgery With a Virtual Reality Hypnosis Mask: Randomized Controlled Trial.](#)

Rougereau G, Sandiford MH, Lévêque R, Ménigaux C, Bauer T, **Hardy A**. Foot Ankle Int. 2023 Apr 28:10711007231162816. doi: 10.1177/10711007231162816. Online ahead of print. PMID: 37118916

60. [Relationship of Altmetric Attention Score, Twitter Performance, and Dimensions Badge Value With Traditional Metrics in Top-Cited Anterior Cruciate Ligament Research Studies.](#)

Sezer HB, Bohu Y, **Hardy A**, Lefevre N, Sezer A. Orthop J Sports Med. 2023 May 5;11(5):23259671231166701. doi: 10.1177/23259671231166701. eCollection 2023 May. PMID: 37162760

61. [Biomechanical Evaluation of the Anterior Talo-Fibular and Calcaneo-Fibular Ligaments Using Shear Wave Elastography in Young Healthy Adults.](#)

Rougereau G, Diloy TM, Vigan M, Donadieu K, Vialle R, Langlais T, **Hardy A**. Orthop Traumatol Surg Res. 2023 Jun 23:103647. doi: 10.1016/j.otsr.2023.103647. Online ahead of print. PMID: 37356798

62. [The impact of bone graft type used to fill bone defects in patients undergoing ACL reconstruction with bone-patellar tendon-bone \(BPTB\) autograft on kneeling, anterior knee pain and knee functional outcomes.](#)

Fares A, **Hardy A**, Bohu Y, Meyer A, Karam K, Lefevre N. Eur J Orthop Surg Traumatol. 2023 Jul 1. doi: 10.1007/s00590-023-03624-9. Online ahead of print. PMID: 37392257

63. [Development and Validation of the Ankle-GO Score for Discriminating and Predicting Return-to-Sport Outcomes After Lateral Ankle Sprain.](#)

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Picot B, Lopes R, Rauline G, Fourchet F, **Hardy A.** Sports Health. 2023 Jul 11;19417381231183647. doi: 10.1177/19417381231183647. Online ahead of print. PMID: 37434508

64. [Diagnosis and management of METS-Stanmore Morse taper failure.](#)

Rougereau G, Gouin F, Mattei JC, Raux S, **Hardy A**, Biau D. Orthop Traumatol Surg Res. 2023 Jul 12;103659. doi: 10.1016/j.otsr.2023.103659. Online ahead of print. PMID: 37451341

65. [Dynamic intermittent compression cryotherapy with intravenous nefopam results in faster pain recovery than static compression cryotherapy with oral nefopam: post-anterior cruciate ligament reconstruction.](#)

Moussa MK, Lefevre N, Valentin E, Meyer A, Grimaud O, Bohu Y, Gerometta A, Khiami F, **Hardy A.** J Exp Orthop. 2023 Jul 24;10(1):72. doi: 10.1186/s40634-023-00639-3. PMID: 37486444

66. [Clinical outcomes of arthroscopic partial resection of mucoid degeneration of anterior cruciate ligament.](#)

Haidar I, **Hardy A**, Bohu Y, Meyer A, Lefevre N. Int Orthop. 2023 Aug 1. doi: 10.1007/s00264-023-05901-y. Online ahead of print. PMID: 37526678

67. [Anterior Cruciate Ligament and Anterolateral Ligament Reconstruction With Pedicular Hamstrings Tendon Graft, Single-Strand Gracilis for ALL and Single Blind Femoral Tunnel.](#)

Noailles T, Toanen C, Geffroy L, Lopes R, **Hardy A.** Arthrosc Tech. 2023 Jun 19;12(7):e1145-e1154. doi: 10.1016/j.eats.2023.03.003. eCollection 2023 Jul. PMID: 37533915

68. [The ALR-RSI score can be used to evaluate psychological readiness to return to sport after acute Achilles tendon tear.](#)

Shitrit E, Valentin E, Baudrier N, Bohu Y, Rauline G, Lopes R, Bauer T, **Hardy A.** Knee Surg Sports Traumatol Arthrosc. 2023 Aug 23. doi: 10.1007/s00167-023-07548-z. Online ahead of print. PMID: 37612477

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69. [Revision of total ankle arthroplasty: Survival and medium-term functional results.](#)

Rougereau G, Stiglitz Y, Franqueville C, Bauer T, **Hardy A**, Gaudot F. Foot Ankle Surg. 2023 Sep 19;S1268-7731(23)00179-0. doi: 10.1016/j.fas.2023.09.006. Online ahead of print. PMID: 37827896

70. [Prospective observational analysis of intraoperative radiation exposure with a mini C-arm intensifier in percutaneous forefoot surgery.](#)

Duguay T, Housset V, Bouché PA, **Hardy A**, Bauer T. Orthop Traumatol Surg Res. 2023 Oct 11;103705. doi: 10.1016/j.otsr.2023.103705. Online ahead of print. PMID: 37832868

71. [Description of the Simple Ankle Value: A Simplified Patient-Reported Outcome Measure for the Assessment of Ankle and Hindfoot Function.](#)

Barnavon T, **Hardy A**, Duguay T, Bouche PA, Lopes R. Orthop J Sports Med. 2023 Oct 17;11(10):23259671231200498. doi: 10.1177/23259671231200498. eCollection 2023 Oct. PMID: 37868219 **Free PMC article.**

72. [Biomechanical evaluation of the spring ligament and the posterior tibial tendon by shear-waves elastography: validation of a reliable and reproducible measurement protocol.](#)

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Symposium SFA 2018 Conflit postérosupérieur
Symposium SFA 2022 Tendinopathie d Achille
Symposium SFA 2022 LCA + LCM

Conférence d'enseignement Préparation du greffon LCA SFA 2018
Conférence d'enseignement Le premier mois post ligamentoplastie SFA 2019
Conférence d'enseignement Echec de suture méniscale SFA 2021
Conférence d'enseignement Le fascia lata dans tous ses états SFA 2022

- Encadrement

Directeur de these de medicine
Vincent Sabatier 2018
Francoise Sigonney 2020

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Aymane Moslemi 2020

Victoire Bouveau 2020

Paul Vedrenne 2022

Sacha Jehan 2024

Directeur de Master 2

Biomécanique Mohamad Moussa 2023

Science chirurgicale Ibrahim Saliba 2023

- Modération :

Session Vidéo Flash SFA 2016

Workshop KiRA Lyon Knee Surgery School 2016

Workshop Comment devenir reviewer SFA 2016

Session SFAJ congress de la SFA 2017

How to assess glenoid deficiency Berlin international Shoulder Course 2018

Organisation des JJA 2018 Paris

Organisation PISC 2018

- Reviewing :

OTSR depuis 2016

JSES depuis 2018

Sports Medicine depuis 2020

- Enseignement :

Enseignant DU Pathologie du football avec la FFF

DU médecine orthopédique

DU Médecine du sport

DU Pathologie du rugby avec la FFR

Sociétés scientifiques

- Membre de la SFA depuis 2012
- Président de la SFAJ 2016-2018
- Membre de l'ESSKA depuis 2016
- Membre du groupe communication de l'ESA depuis 2018

- Membre du bureau éditorial de l'OTSR depuis 2017

- Réfèrent des internes d'orthopédie : SIHP (syndicat des internes hôpitaux de Paris) 2013-2017

- Conférencier d'orthopédie, LCA et santé publique conférence ASPIC depuis 2011

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- Conférencier d'orthopédie STAN santé 2012-2016

Loisirs et informations complémentaires :

Bilingue anglais (double nationalité)

Espagnol

Football compétition

Tennis compétition

Le 06/03/2024

A handwritten signature in black ink, appearing to be 'AH' with a long diagonal stroke extending upwards and to the right.